

MALLARD RIDGE

ASSISTED LIVING & MEMORY CARE



ASSISTED LIVING



ASSISTANCE WITH THE ACTIVITIES OF DAILY LIVING

Our team of professional, compassionate caregivers provides your loved one with prompt and courteous assistance with bathing, dressing, eating, going to the restroom, and moving around our community.



TWENTY-FOUR-HOUR ACCESS TO PERSONAL CARE

Your loved one will feel safe knowing personal care services are available around-the-clock with just the touch of a button on our emergency response system.



PERSONALIZED CARE PLANS

Our resident care team collaborates with your loved one, your loved one's physician, and members of your loved one's family to create a personalized plan of care that promotes optimal wellness.



TWO-HOUR WELLNESS CHECKS

Our caregivers will drop by your loved one's room at least once every two hours to make sure he or she is well and comfortable.



ELECTRONIC MEDICATION ADMINISTRATION RECORDS

It's critical that your loved one receives the right medications at the right time, so we've invested in a state-of-the-art medication administration record system, which provides additional safeguards to ensure accuracy.



FALL-RISK ASSESSMENT

No senior living community can prevent a resident from falling, but we strive to reduce the likelihood of falls by assessing your loved one's ability to safely carry out basic tasks and move about our community. When necessary, our resident care team will implement appropriate intervention.



HOUSEKEEPING & MAINTENANCE SERVICES

Our housekeeping team members will perform a deep clean in your loved one's room weekly, so you can rest assured that he or she is living in a clean, healthy environment that's free of hazards that may cause unnecessary falls.



DINING SERVICES

Proper nutrition is essential to ensuring your loved one gets healthy and stays healthy. Our seasonal menus are designed by a registered dietician and feature daily soup and sandwich alternatives. Monthly food councils ensure our residents have a voice in their food choices.



SOCIAL ACTIVITIES

Our full-time social director ensures that your loved one feels a part of our vibrant community by planning engaging daily activities that foster a sense of purpose and friendship.



SCHEDULED TRANSPORTATION

We'll happily provide transportation to scheduled professional appointments, such as visits to your loved one's physician, physical therapist, dentist, and optometrist. Having the means to travel when needed promotes a feeling of independence for your loved one.



OUTSIDE SERVICES

Your loved one may eventually need to use outside care providers, such as physical, occupational, or speech therapists, palliative care, or hospice services. Our resident care team will happily coordinate our care with these outside providers to create the best possible clinical outcomes for your loved one.



WHAT IS PATHWAYS?

A specialized neighborhood within our assisted living community designed to meet the changing needs of residents who benefit from the additional hands-on care a higher caregiver-to-resident ratio provides. Our Pathways neighborhood is staffed by certified nursing assistants and licensed medication technicians who provide care under the supervision of our community's Wellness Director.

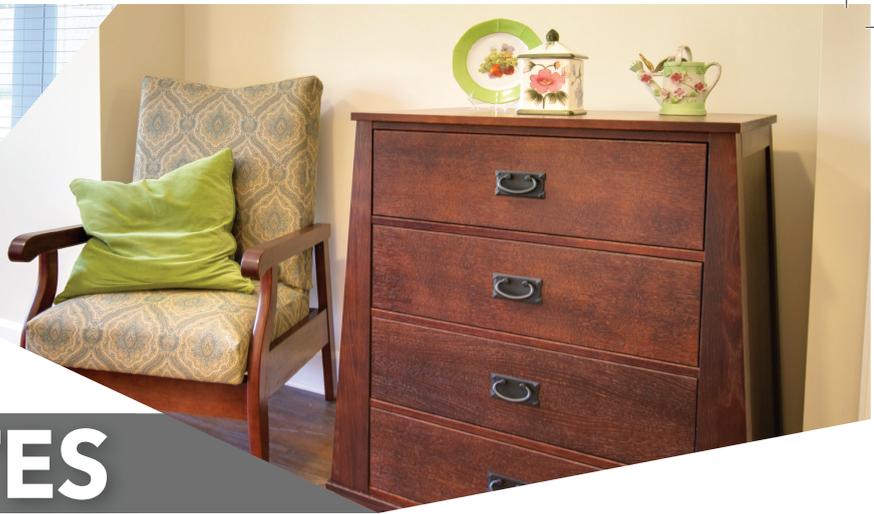
WHAT PATHWAYS IS NOT:

Our Pathways neighborhood does not provide skilled nursing care. Residents whose clinical conditions require around-the-clock access to a registered nurse or who rely upon services not deemed appropriate of the Pathways setting will be assisted in finding a higher level of care.

THE PATHWAYS ADVANTAGE

- ⚙️ A higher caregiver-to-resident ratio than general assisted living.
Staffing patterns may be comparable to caregiver-to-resident ratios in skilled nursing settings.*
- ⚙️ A dining room serving only Pathways' neighborhood residents, providing more personalized assistance with the dining experience, while promoting and safeguarding personal dignity and nutritional wellness.*
- ⚙️ Activities designed specifically to be appropriate for Pathways residents.*





OUR SUITES

ASSISTED LIVING



HORIZONS



PATHWAYS

HORIZONS

MEMORY CARE

Our Horizons neighborhood offers a secure environment for seniors with Alzheimer's or a related dementia, who need extra care and attention to be able to thrive in spite of their cognitive impairments.



Horizons caregivers receive special training to understand and meet the changing needs of residents who struggle with memory loss.

Our full-time Horizons social director plans activities that are appropriate, engaging, and promote social involvement.



Horizons residents benefit from higher caregiver-to-resident ratios.

CORE VALUES

01

It's all about the **resident**.
The most direct route to financial security is excellent resident care.

02

Our **residents** will never be happier than our team members.

03

We promote from within.
As our company grows, so do our team members.

04

More important than **what** we do is **how** we do it.

05

We do the **right** thing, even when it's not convenient.

WHAT OTHERS SAY ABOUT MALLARD RIDGE

Hearing that Mallard Ridge's caregivers care is one thing. To see that care in action is another. We saw just how awesome the care is at Mallard Ridge when our precious mother developed a low-grade fever that escalated to an emergency in less than an hour. Our caregivers kept us keenly informed after each temperature check and acted quickly for emergency care avoiding large complications. We truly believe the timely tracking and quick response meant greater comfort and safety for mom. It was only one example of the genuine compassionate care of the wonderful staff at Mallard Ridge. We are so grateful and blessed for their loving "family type" care here.

- Sandy P., Clemmons, NC



My family and I could not have been happier with the care that my father received at Mallard Ridge Assisted living. Not only was the staff attentive and loving, but they always contacted us if there was any situation about which we needed to be aware. My dad enjoyed the food, the activities, and the opportunities to socialize with other residents. The Mallard Ridge staff also worked closely with outside agencies (physical therapy in our case) when they came to the facility for therapy. Mallard Ridge offers high quality care in a clean and caring environment. We were totally at peace with his being there.

- Dennis C., Clemmons, NC

OUR MISSION STATEMENT

“ I never want to feel like I need to hide from someone in the grocery store because we didn't do a good job of taking care of their mom or dad. ”

- Jeff Dickerson, Co-Founder & CEO

NEXT STEPS

- ⚙ Reserve your preferred suite for two weeks by paying the community fee.
- ⚙ Complete and return the confidential financial disclosure.
- ⚙ Have your physician complete and sign an FL2 form, which lists medical diagnoses and prescriptions.
- ⚙ Schedule a time for our resident care team to complete an assessment of your loved one.
- ⚙ Choose a move-in date.
- ⚙ **Relax!** We're here to guide you through every step of the process.

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